

Valentine's Day Specials

AVAILABLE

**ON 2-13 & 2-14 IN THE
GRAB & GO COOLER**

**Chocolate Covered
Strawberries
Lobster Mac and Cheese
Lobster and Scallop Risotto**

Thyme
&
Season
NATURAL MARKET



Catering

MENU - TO GO

Introducing some of our favorite prepared foods,
packed in larger quantities... To GO!

**Please contact us if one of your favorites is missing and we'll do our best to
accommodate you!**

Entrees - *All are packed in Half Aluminum Pans. Serves 10 to 12 ppl.*

ROASTED VEGETABLES

Vegan and GF - \$39.99

ROASTED ROOT VEGGIES

Vegan and GF - \$44.99

BAKED MAC AND CHEESE

Traditional or GF - \$44.99

BUFFALO MAC AND CHEESE

Traditional only - \$49.99

VEGAN MAC AND CHEESE

Traditional or GF - \$39.99

VEGAN LASAGNA

Traditional or GF - \$49.99

BAKED CHEESE LASAGNA

Traditional or GF - \$54.99

BUTTERNUT SQUASH LASAGNA

Traditional or GF - \$59.99

SPANAKOPITA

Vegetarian - \$49.99

ZUCCHINI GRATIN

Vegetarian - \$49.99

CORNBREAD

Vegetarian - \$24.99

VEGAN SHEPHERD'S PIE

Gluten Free - \$44.99

BEEF SHEPHERD'S PIE

Gluten Free - \$59.99

VEGETABLE CURRY

Vegan and GF - \$49.99

SWEET POTATO CURRY

Vegan and GF - \$49.99

QUINOA LOAF

Vegan and GF - \$39.99

LENTIL LOAF

Vegan and GF - \$39.99

BUTTERNUT SQUASH RISOTTO

Vegetarian, GF - \$39.99

BUFFALO TOFU

Comes with Carrots,
Celery & Ranch.

Vegan and GF - \$44.99

TURKEY MEATLOAF

w/ Mushroom Gravy.

Traditional only - \$54.99

CHICKEN SAUSAGE & PEPPERS

Gluten Free - \$54.99

MOROCCAN STUFFED PEPPERS

Gluten Free - \$49.99

CHICKEN PARMESAN CASSEROLE

Gluten Free - \$59.99

CHICKEN CACCIATORE

Traditional Only - \$54.99

LEMON & HERB ROASTED CHICKEN

Legs, Thighs, and Wings.

Gluten Free - \$44.99

BARBEQUED CHICKEN

Legs, Thighs, and Wings.

Gluten Free - \$44.99

CHICKEN THIGHS

w/ Sundried Tomato
Cream Sauce.

Gluten Free - \$54.99

UNSTUFFED CABBAGE

Gluten Free - \$59.99

QUICHE - VARIETIES

Tomato Basil Mozzarella.
Spinach & Feta.

Broccoli & Cheddar.

Bacon & Swiss.

Caramelized Onion & Goat
Cheese.

Traditional | \$19.99

GF | \$21.99

Serves 6-8



Green Salads

GREEK SALAD

Mixed Baby Greens, Feta Cheese
Kalamata Olives, Tomatoes
Bell Peppers and Cucumbers

Vegetarian & Gluten Free \$24.99

BABY SPINACH SALAD

Baby Spinach, Strawberries,
Cucumbers and Feta Cheese

Vegetarian & Gluten Free \$21.99

ROMAINE SALAD

Romaine Hearts, Walnuts,
Cranberries, Cucumbers
and Orange Segments

Vegan & Gluten Free \$21.99

BLACKENED CHICKEN SALAD

Mixed Baby Greens, Bell
Peppers, Blackened
Chicken Breast, Corn and
Black Bean Salad

Gluten Free \$29.99

FALAFEL & HUMMUS SALAD

Mixed Baby Greens,
Hummus, Red Onions,
Cucumbers, Parsley, Grape
Tomatoes and Falafel

Vegan & Gluten Free \$29.99

Catering MENU - TO GO

*All are packed in Half Size Aluminum
Pans. Serves 10 to 12 ppl.*

Grain Salads

QUINOA & AVOCADO SALAD

Red and White Quinoa,
Avocado, Toasted
Almonds, Apricots,
Scallions and Lemon
Dressing

Vegan & Gluten Free \$39.99

FRENCH LENTIL SALAD

French Lentil, Walnuts,
Red Peppers, Celery,
Parsley and Balsamic
Dressing.

Vegan & Gluten Free \$34.99

CORN & BLACK BEAN SALAD

Corn, Black Beans, Red
Onion, Bell Peppers,
Cilantro and Lime
Dressing

Vegan & Gluten Free \$29.99

SWEET POTATO SALAD

Sweet Potatoes, Apples,
Cranberries, Scallions and
Lime Dijon Dressing

Vegan & Gluten Free \$39.99

RAW KALE SALAD

Green Kale, Purple
Cabbage, Red Onion and
Liquid Amino Dressing

Vegan & Gluten Free \$34.99



Catering TRAYS

Small- Serves 10 to 15

Large- Serves 25 to 30

Vegetable Crudite

Assorted Fresh Vegetables
with Store Made Hummus
or Vegan Ranch Dip

Small \$39.99-Large \$69.99

Antipasto Platter

Cured Italian Meats,
Cheeses, Marinated
Artichokes, Olives,
Roasted Red Peppers,
Marinated Mushrooms

Small \$69.99- Large \$99.99

Domestic Cheese & Fruit Platter

Assorted Cheeses with
Grapes and Fresh Berries

Small \$49.99-Large \$79.99

Smoked Salmon Platter

Smoked Salmon, Capers,
Creme Fraiche, Blini, Dill,
Red Onion, Cucumbers

Small \$69.99- Large \$99.99

Vegan Cheese & Fruit Platter

Assorted Vegan Cheeses with
Grapes and Fresh Berries

Small \$49.99- Large \$79.99

Mezze Platter

Hummus, Baba Ghanoush,
Olives, Tzatziki, Naan,
Veggies, Feta Cheese,
Carrot Salad

Small \$49.99- Large \$79.99